

On the Hour

January 2022, Issue 30

From The East



Hello Brothers,

Happy New Year! With the new year, Petaluma-Hamilton Lodge has new opportunities and old challenges. We have three new candidates – David Hoffman, Hai Pence, and Eric Poehlman, who want to be made Masons. We will be voting on two or three of these men at the stated meeting on January 6th. Petaluma-Hamilton performed a first degree in August and we expect to do a double or triple first degree in February.

We have an opportunity to help shape the character of these men so that they can be great brothers among us. I expect the younger Masons in the Lodge to come to Thursday night practices and to take parts that are a little more challenging.

We have heard many times Masonry is a moral science (or philosophy) taught by degrees only. The three degrees are the core of what Masonry is all about and exemplify our code of conduct. They teach us how Masons should behave; it is not just about memorizing the words or doing a performance. These degrees teach us about humility, fidelity and service to our brothers.

Leadership in a Masonic lodge is one form of that service and so is the participation in the degree performance. I tell you that leadership and degree practice can be a challenge, but we overcome that challenge with brotherly love and our efforts to make practice and leadership fun.

We will have new leadership stepping forward next year. We have already welcomed Jonathan Wong as a new member of Petaluma-Hamilton Lodge and he is sitting in as Senior Deacon. However, we still need a Junior Warden and a Treasurer this year. There will be a new election in March or April for those two positions. If you are interested in the leadership line and perhaps even being Master of the Lodge one day please let me know, but that is not required in this case.

I am not asking that any man filling either of these two positions to do them for more than a year, nor advance in the leadership line, but we can use the help this year. If you would like to make a difference and be of service this year, please give me a call and we can discuss the expectations.

The Masonic theme of the New Year is “building and enjoying true friendships.” When we break bread together, wash dishes, sweep floors, shop for food, or help with work parties at the lodge we build new friendships ... and it makes it easier for us to have fun at the lodge.

I expect that each brother endeavors to treat every other brother at the lodge as a true friend. I expect harmonious outcomes to our discussions and I expect that we will have fun and exciting activities with the brothers and their families this year. My brother, I am looking forward to another great year at Petaluma-Hamilton.

Very best regards,

Don Nicodemus,
Worshipful Master,
Petaluma-Hamilton Lodge #180
(530) 957-8939

REVISED MOTION ON THE BOARD OF TRUSTEES

WORSHIPFUL MASTER and Brethren of Petaluma-Hamilton Lodge #180, F&AM

In accordance with CMC 809.110 (“Power and Control Over Lodge Assets”) and modeled after Grand Lodge program management Boards as found in CMC 500.040, 600.040, and 700.040, herein are the governing rules for the Board of Trustees [BOT] of the Petaluma-Hamilton Lodge No: 180 F&AM:

The number of trustees shall be an odd number: 3, 5, or 7. The number of trustees shall be determined and changed at the discretion of the lodge. Length of terms shall be determined by the Lodge.

A quorum shall be 50% of the number of trustees rounded up to the nearest whole number – 2, 3, or 4 depending on the total number of trustees. The BOT can have discussion but cannot entertain motions, record minutes, make decisions, or take votes without a quorum being present in person or electronically. All decisions of the Board are to be made by majority vote on a motion and duly recorded in the minutes.

The officers of the Board of Trustees shall be President, Vice President, and a Secretary.

The President shall preside at all meetings of the Board of Trustees. His duties are to serve as the primary contact for communications with

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Motion on the Board of Trustees Continued...

investment or financial firms with which the Board may utilize, and to ensure regular meetings of the board are scheduled and kept on-topic.

The Vice President shall perform all the duties of the President in the absence or disability of the President. The Worshipful Master can appoint an Interim President from among the Board Members in the absence of both the President and Vice President. The Secretary shall take minutes at all board meetings and present the same to the Lodge Secretary at the Stated Meeting immediately following their approval by the BOT. These minutes must include the current balances of all invested funds and presence or absence of members in attendance. In the absence or disability of the Secretary, the President may appoint a designee for such purpose, and who for such time shall perform all the duties of the Secretary. The Secretary is responsible for creating the Semi-Annual and Annual reports which are presented to the Lodge in August and February.

The Board will have no less than four meetings per calendar year, with at least one during each financial quarter. The purposes of these meetings are to assess the Lodge's current investment status, identify trends in the marketplace, and to review investment strategies with designated financial firm(s). The meetings will be governed by and structured as laid out in the CMC, these rules, and by common parliamentary procedure.

Motions carried by the Lodge serving as financial or operative instructions

for the BOT will be communicated to and made by the Board Secretary.

Emergency or ad-hoc meetings of the BOT may be held with the consent and presence of a majority of the Trustees, or at the will of the Worshipful Master. Minutes for these meetings must similarly be provided to the Lodge Secretary for inclusion in the record.

Meetings of the Board of Trustees shall be open to all members of the Lodge. Non-trustees may speak on matters when permitted by the President but will have no ability to make motions or vote. All Trustees must be Master Masons of Petaluma-Hamilton #180 and be in good standing, and sign annual conflict of interest disclosure forms at the beginning of each term year.

Any Trustee who has been absent for all meetings in the preceding 12 months is encouraged to submit his resignation to the Worshipful Master. The Worshipful Master may decide whether to accept the submitted resignation or not. The Lodge can recall any Trustee by majority vote at a stated meeting.

When a vacancy occurs, the Worshipful Master may appoint a member of the Lodge to serve in the Trustee's stead, until such time as the Lodge elects a new Trustee, who will serve the remainder of the unexpired term.



Happy Birthday

• Peter Ballantine	January 6th
• Jason Cannata	January 6th
• John Groff	January 6th
• Ned McFadden	January 9th
• David Adams	January 15th
• Jonathon Norgrove	January 20th
• Barry Rosen	January 20th
• James Casarotti	January 22nd
• Lars Noren	January 22nd
• David Lopez	January 24th
• Joseph Zusin	January 25th
• Michael Hunt	January 28th
• James Frizzell	January 29th
• Angus Mac Lir	January 29th
• Bean, Leroy E.	January 31st

Riddle
Me This?

1) Name one eight letter word that has kst in the middle, in the beginning, and at the end.

2) While mixing sand, gravel and cement for the foundation of a house, a mason noticed a small bird hoping along the top of the foundation wall. The bird fell into one of the holes between the blocks. The bird was too far down for anyone to reach. What would be the easiest way to get the bird out of the hole without injuring it?

Lodge Contact Info:

<http://freemason.org> (CA Grand Lodge) ~ <http://masons180.org> (Pet.-Ham.#180 website)
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From the Editor



As we begin a new year I find myself contemplating the symbolism of the working tools of Freemasonry and wanted to get back to the basics. I started thinking about the 24 inch guage and the lessons it teaches us. It boils down to having a life balance and time management.

Within today's society it is easy to lose sight of what is most important to us and how to take care of all the tasks at hand without sacrificing aspects that are most near and dear to our hearts. To some of us that aspect is being a father or a husband, for others it could be our dedication to our jobs and school, or even our religious dedication to our creator.

Time Management is not about making more time in a day it is about utilizing the time we have and making the most of it. Many professionals will tell you to create a to-do-list of tasks you want or need to accomplish.

Mark Twain was once said:
"If it's your job to eat a frog, it's best to do it first thing in the morning. And if its your job to eat two frogs, it's best to eat the biggest one first."

In other words take care of the most important tasks first, and not procrastinate. If you have a huge undertaking make sure to utilize your time and start early rather than

putting it off, where you find yourself up against a dead line or try to take care of something last minute. This often causes undo stress.

Other steps to do with your To-Do-List include looking to see what you can delegate to others as well as set time limits for each task. It's easy to get lost in tasks thinking we have to take it all on and do it ourselves. Many times this is not the case.

Remember to cross tasks off your list as they are completed so that you can look back and have a sense of accomplishment.

Additional ways to help manage time include creating a routine with keystone habits and sticking to them. Keystone habits are healthy habits that help you live a healthier life such as exercise, meditation, eating healthy, or even having a regular game night with family and friends. When we feel good we are apt to be able to focus better and get more accomplished.

Faternally,

David Sonnenberg
Trestleboard Editor

For more information on time Management please visit the following sights

<https://www.forbes.com/sites/johnrampton/2018/05/01/manipulate-time-with-these-powerful-20-time-management-tips/#64e-89f2a57ab>

<https://www.thebalancesmb.com/time-management-tips-2947336>



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Dated material-do not hold



January 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
						1
2	3  Royal Arch #22	4	5 Hall Association (Virtual)	6  Stated Meeting	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30		31				